

## OVERDOSE

An overdose means having too much of a drug and/or alcohol for your body to safely handle. Anyone who uses drugs or medications can overdose. Signs and symptoms of overdose may look different depending on the drug used. If you suspect an overdose, get help immediately- call 911.

Naloxone is a medication that can reverse an overdose that is caused by an opioid drug. When administered during an overdose, Naloxone blocks the effects of opioids on the brain.

Act 139 and Standing Order signed by Physician General, has increased access to Naloxone for all Pennsylvanians.

Prior to administration of Naloxone, persons are strongly advised to complete one of the online training programs approved by Pennsylvania Department of Drug and Alcohol Programs.

[http://www.ddap.pa.gov/overdose/Pages/Naloxone\\_Reversal.aspx](http://www.ddap.pa.gov/overdose/Pages/Naloxone_Reversal.aspx)

## COMMUNITY RESOURCES

RASE Project - [Find them on Facebook](#)

York Opioid Collaborative - [Find them on Facebook](#)

Adams County Overdose Awareness Task Force -

[Find them on Facebook](#)

Mason Dixon Anti-Drug Taskforce –

[Find them on Facebook](#)

Alcoholics Anonymous/ Narcotics Anonymous:

York AA Helpline 717-847-4617 [www.york-pa-aa.org](http://www.york-pa-aa.org)

York NA Helpline 717-848-9988 [www.na.org](http://www.na.org)

Hanover AA Helpline 717-451-3991

[www.hanoverintergroup.org](http://www.hanoverintergroup.org)

Al-Anon/Nar-Anon:

[www.pa-al-anon.org](http://www.pa-al-anon.org) 1-888-425-2666

[www.nar-anon.org](http://www.nar-anon.org) 1-800-477-6291

Celebrate Recovery

<http://www.celebraterecovery.com/>

Not One More - [Find them on Facebook](#)

Just for Today Recovery and Veterans Support

Services – <https://jft-rvss.org>

Housing Support: Family Health Council of Central

PA – 717-761-7380 ext. 4262

## STUDENT ASSISTANCE PROGRAM (SAP)

A Student Assistance Program (SAP) is a K-12 school-based, evidence-informed framework for prevention, early intervention, referral and support for students with needs that may prevent them from fully benefiting from their educational experience.

YADAC has Student Assistance Program (SAP) Contracts with the following provider:

**True North Wellness Services, Inc.**

1195 Roosevelt Avenue, York, PA 17404

School-aged children may access drug and alcohol consultation services through SAP at their school.

For information about SAP services, please contact your local school district.



YORK/ADAMS  
**DRUG & ALCOHOL COMMISSION**  
*Recovery on the Horizon*

## Administrative Staff

**Audrey Gladfelter, YADAC Administrator**

**Billie Kile, Assistant Administrator**

**Vincent Reed, Chief Fiscal Officer**

**Lori Smith, Case Management Supervisor**

**Joselin Hernandez-Gutierrez, Case Management Supervisor**

**Sarah Lehman, Prevention Specialist**

**Prevention works, Treatment is effective,  
People *can* recover.**

Find us on



## York / Adams Drug & Alcohol Commission



Recovery on the Horizon ...

Overseeing the Administration of  
Drug and Alcohol Prevention,  
Intervention &  
Treatment Services, for adults and  
adolescents in  
York and Adams Counties

## ADMINISTRATION

The York/Adams Drug & Alcohol Commission was established in 1973 to serve as the Single County Authority (SCA) for York and Adams counties. As the designated SCA for York and Adams counties, we are responsible for planning, administering, funding, and evaluating the local drug and alcohol prevention, intervention and treatment related services within the aforementioned jointer counties.

### YADAC

York County Human Services Center  
100 West Market St., Suite B04  
York, PA 17401-1332

Phone: 717.771.9222 • Fax: 717.771.9709  
Our website: [www.yorkcountypa.gov](http://www.yorkcountypa.gov)

Select 'Government' and find us under County  
Human Services

## OUR MISSION

Our Mission is to serve, with respect, individuals in our community with substance abuse problems; in order to enhance their quality of life and provide them an opportunity to reach their fullest potential in York/Adams County, PA.

## 24/7 EMERGENCY DETOXIFICATION SERVICES:

### PA Access Center: 1-866-769-6822

The White Deer PA Access Center has 24/7 coverage and has been designed to expedite detox placement for all funding sources, for all populations. **It is, however, our policy, that pregnant woman shall receive preferential treatment** in all levels of care, throughout the drug & alcohol treatment continuum.

## ACCESSING TREATMENT

Adults or adolescents in need of drug and alcohol services, but do not require emergent detoxification services, should schedule a Level of Care Assessment (LOCA). This assessment will determine the level of care necessary and is the first step in accessing drug and alcohol treatment services.

In partnership with White Deer Run York, we have established the **York Assessment Center**. Individuals, adults, who feel they may have a problem with drugs and/ or alcohol, may call **717-668-8035** to schedule a level of care assessment (LOCA). An assessment is (*typically*) free of cost to everyone except DUI offenders, who may be charged.

**257 East Market Street, York PA 17403**

**Phone:** 717-668-8035  
**Fax:** 717-779-1427

**LOCAs done by appointment only**

## ACCESSING TREATMENT CONTINUED

Residents outside the Central York Area, should contact their nearest Outpatient Provider to schedule a Level of Care Assessment.

Directory of Contracted Providers available on YADAC website.

Pregnant woman shall receive preferential treatment in all levels of care throughout the drug & alcohol treatment continuum. Our priority populations, in order are:

Pregnant Injection Drug Users, Pregnant Substance Abusers, Injection Drug Users, Overdose Survivors, Veterans

## FREQUENTLY ASKED QUESTIONS

### I need detox. What should I do?

Detox is an emergency situation and treatment should be accessed as quickly as possible. Contact the **White Deer Run PA Access Center at 1-866-769- 6822**. They are available 24/7.

### What if I cannot afford treatment?

The York/Adams Drug & Alcohol Commission was established to financially assist individuals who would normally be unable to afford treatment. The Commission works with the Department of Human Services along with treatment providers to ensure that treatment is affordable.

### I have insurance but it doesn't cover my treatment?

Act 106 of 1989 requires all commercial group health plans to provide comprehensive treatment for alcohol and drug addictions.

### What type of treatment do you help to fund?

The York/Adams Drug & Alcohol Commission assists with funding for Outpatient, Intensive Outpatient, Partial Hospitalization, Halfway House, Inpatient Rehab, and Inpatient Detox levels of care. The Commission helps to fund the appropriate level of care for individuals based upon need

## CRISIS

### What do I do if I am in a crisis?

Crisis is an emergency situation and treatment should be accessed as quickly as possible. Individuals, adult or adolescent, who feel that they are in crisis should contact:

**Wellspan Crisis** at (717) 851-5320 or 1-800-673-2496;

or

**True North Crisis** at (717) 637-7633 or 1-866-325-0339.

**Available 24/7.**

## PREVENTION SERVICES

Prevention involves a proactive process that empowers individuals and systems to deal constructively with potentially difficult life situations, to keep healthy people healthy and to bolster the strength of those at risk. Prevention activities are targeted at the total populations, with an emphasis on delivering appropriate services prior to the manifestation of inappropriate behaviors.

Prevention activities can be delivered through schools, media, family or community agencies and groups. You may access prevention services by contacting the YADAC Prevention Program Specialist or one of the listed Prevention Providers.

**True North Wellness Services, Inc.**  
1195 Roosevelt Avenue  
York, PA 17404; (717) 843-0800

**Children's Home of York**  
77 Shoe House Road, York, Pennsylvania 17406  
Telephone: (717) 755-1033

**Holcomb Behavioral Health**  
3995 East Market Street, York, PA 17402;  
Telephone: (717) 757-1227

**Collaborating for Youth**  
PO Box 3576, 227 W. High St., Gettysburg, PA 17325  
PH: 717-338-0300